



Circle 49 Publications Association

FOR IMMEDIATE RELEASE

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**New Work of Creative Non-Fiction Reveals
Inspiring Life Experiences In The Pottery Studio**

Insightful book shows many personal benefits of taking a pottery class

Ladysmith, BC, CANADA: Circle 49 Publications Association, the world-wide publishing arm of The Ladysmith Writers Circle, announces the publication of *The Pottery Class—Life Lessons In The Studio*, the latest work by local Ladysmith potter, teacher and author Peggy Grigor. The new book of creative non-fiction gives accounts of impactful life experiences that are sure to inspire every reader.

In *The Pottery Class—Life Lessons In The Studio*, Peggy Grigor reveals through the stories of her own students that taking a pottery class can act as a catalyst for change, leading to a more fulfilling life. As a trained therapist and long-time pottery teacher, Peggy artfully presents the challenges of pot making as a metaphor for the attributes that keep us stuck in old patterns and unproductive lives. Not just for students of pottery, this book will appeal to anyone looking for alternative strategies for removing the obstacles that inhibit personal balance, growth and the achievement of life goals.

The Pottery Class—Life Lessons In The Studio can be pre-ordered now from the author or publisher at a special price, with general availability by the end of October 2008.

The author will be signing and reading from her new book at the Ladysmith Public Library, Ladysmith BC, on Saturday, November 8, 2008 between 2:00 pm and 4:00 pm.

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About Circle 49 Publications Association

Circle 49 Publications Association was established in 2006 by the Ladysmith Writers' Circle to publish their inaugural book *Lines on the 49th Parallel* which has gone on to become a success story for this talented group of writers. For information about Circle 49 Publications Association, please send email to info@circle49publishing.com.

About Peggy Grigor

Peggy Grigor is a member of the Ladysmith Writer's Circle, an acclaimed potter, pottery teacher, therapist, counselor and talented writer. *The Pottery Class—Life Lessons In The Studio* is Peggy's second book. She is already hard at work on two others.

Peggy has been a potter since 1977 and a pottery teacher since 1982. She is mainly self taught, but has attended numerous workshops from master potters on her travels across Canada. In addition, she served as president, studio head and gallery coordinator at Hill Potters Guild in Richmond Hill, Ontario, for over 20 years. Peggy has won several awards along the way and her work has been selected twice for the prestigious "Sooke Fine Arts Show".

Peggy operates a successful studio, Turning Point Arts, in Saltair, BC near Ladysmith, where she offers private and semi-private pottery classes.



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Further Information

To order review copies of *The Pottery Class—Life Lessons In The Studio* or to interview the author, please contact the author directly at:

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